

DIRECTORY OF RECOMMENDATIONS

(Brown/orange text indicates a new entry)

Recommendations taken from the **Town of Montreal West Residents** Facebook group, unless specified as from the **Thrive NDG** FB group. To see the original post request, search on the name of the searcher in the particular FB group and check for their post.

INDEX

Air conditioner/heat pump installation

Allergist

Alterations, dressmaker also see **Seamstress**

Antiques, architectual

Apple phone & watch repairs

Appliance Repair

Arborist

Audiologist

Bar see **Cocktail bar**

Barber shop

Bathroom Vanity

Birthday cakes, printed edible text

Blinds company

Car detailing

Carpenter/Ebeniste

Carpet & upholstery cleaning also see **Rug cleaning**

Car wash, automatic

Cat nail clipping & grooming

Catering also see **Server; Rentals: tables & chairs**

Ceiling repairs

Chimney repair

Chiropractor

Christmas light installation

Circuit exercise class

Cleaning service

Cocktail bar

Coffee machine repair see **Appliances**

Computer maintenance & repair

Contractors

Cushions, couch, restuffed with feathers

Custom built-in wardrobes

Dentist, pediatric

Dishwasher repair see **Appliances**

Dog Boarding

Dog Groomer

Dog sitters

Dog walker

Donating school supplies

Door

Dressmaker see **Alterations**

Drumming Lessons
Dryer repair see Appliances
Duct vacuuming

Electrician to install EV charger
Electrician
Energy/heat loss audit
Excavation
Exterminator for wasps and general nuisances

Face painting
Fence installation
Floors
French drain installation
Fridge repair see Appliances
Furnace company

Garage doors
Generator (power failure)
Geothermal system repair
Gutter cleaning
Gutter leaks
Gym also see **Circuit Exercise Class**

Hairdresser or barber to visit home for elderly parent
Haircut Ladies
Handyman
Hardwood floor installation
Heat Pump brand and installer
Henna artist
Hip hop dance class
Holiday/Christmas Lighting company for outdoors
Home Inspector

Insurance Broker
Irrigation company

Knitting clubs

Landscape contractor
Lawn cutting & garden services

Magician
Mahjong classes
Massage that accepts insurance
Massage therapist, female
Movers

Neurodivergent teens
Notary

Orthodontist for kids
Oven repair see Appliances

Painter

Painter who knows how to manage lead paint

Parging

Photos – professional copies

Photos of family

Physio for babies with plagio

Piano teacher who comes to your house

Piano teacher for children & adults

Plumber

Plumber, emergency

Plumbers to replace water intake line

Plumber to install a washing machine

Also see Radiators

Podiatrist

Printing documents

Propane tanks, refill

Radiators, cast iron

Rental: tables & chairs

Restaurants

Pad Thai

BYOB

Rug cleaning – also see Carpet cleaning

Server for a party also see Caterers and Rental: tables & chairs

Sewing machine repair

Shower doors – custom

Snow Removal

Stain & sand porch

Stained glass & installation

Strep test

Student help

Tailor – see Alterations or Seamstress

Taxes, American

Tennis racket regripped & restrung

Thermopane window replacement – see Windows

Tile replacement old house

Translation of court document, Official, French to English

Upholstery (sofa) cleaning

Vacuum repair

Vet for dog

Wallpaper store

Washing machine repair see Appliance repair

Waxing

Weeding

Wildflowers

Window mechanism repair

Window (aluminum) repair

Windows: Thermopane replacement

Yoga Studio

RECOMMENDATIONS

Air conditioner/heat pump installation (Lisa Vigouroux, August 27, 2025)

No responses other than Electrika

Allergist for son (Tana Chaparro, January 22, 2026)

- Dr Jose Calles 514-933-4336, 4573 Sherbrooke W, Immunologie Clinique et Allergie (Martyne Copland)
- Dr Ben Shoshan www.montrealchildrenshospital.ca/.../mosha-ben-shoshan/ book via Clinic Medic Elle, 514-788-2888, 1980 Sherbrooke W. Suite 500 (Lilia Yasmine)
- Dr Jordan Trevisonno at STEP clinic in CSL
- Dr Christine McCusker, “initial consultation and test is done at Crowley Clinic, and then, if necessary, your child would be enrolled at her oral immunotherapy clinic at the Children’s.” (Jasmine Imeahg)
- Dr. Reza Alizadehfar at the Children’s (Jane Do)

Alterations, dressmaker

- Atelier Genest, Beatrice on Connaught (Iana Laxer, Sherri McGurnaghan)
ateliergenest@gmail.com
- Gigi, 5434 Cote St Luc, 514-808-7771 (from Thrive NDG FB, Vanessa Cardier post, Feb 8/26)
- Nettoyeur Ecologique Royal, 5866 Sherbrooke (Thrive NDG FB, Vanessa Cardier post, Feb 8/26)
- Mila Design, Queen Mary (Thrive NDG Facebook, Claude Tellier post, February 6, 2026)

also see **Seamstress**

Antiques, architectural (in post by Alix Lambert-Vassal, [Thrive NDG Facebook](#), January 29, 2026)

- Spazio Antiquities Architecturales www.spazio.ca

Apple phone repair & Watch screen replacement (Tara Schulz, July 15, 2025)

- Future Technique in Lasalle (Donna McLaughlin, Angus McKay)
- Apple Repair Montreal OuiRepair, 6410 Decarie Blvd (Arielle Wizman)
- www.mobilemtl.ca (Noah Trnr)
- Ubreakifix check, they do not do all models
- Two people recommended Centre Mobile on St Jacques next to Super C, but myself and one other person had a bad experience there.

Appliance repair, coffee machine, miele (Kristen Mc, September 16, 2021)

- Distributions Bellucci Ltee, 8145 St Laurent, 514-388-1555 (Nathan Ward)
- Try Adam Appliance Repair, 514-816-4328 (Wendy Fixman)

Appliance repair, Bosch dishwasher (Erin Alladin, January 18, 2025)

- Champfleury Service (Sharon McKechnie)
- Try Appliance Pros (Ian Robinson)
- Aleks 514-996-7904 not sure if he does Bosch (Johan Mady)
- “Out of curiosity, do you get the water tap and E24 error messages? That’s what I’m getting and haven’t been able to fix it.” Eliane Ellbogen; Erin (the OP) replied: “Mine won’t turn on, but is constantly draining. I had to stop it by turning the breaker off at the panel.”
- Jane Do also referenced a Bosch problem on August 8, 2024

Appliance repair, Bosch dishwasher (Jules Disep, November 30, 2022)

- Pierre Charbanneau 514-992-4932, specializes in Bosch dishwashers & high end gas ranges (Tim Kman)

Appliance repair, dishwasher (Alexandra Kelebay, June 25, 2024)

- Service Martin 514-643-4386 or 514-722-3535 (Tina Wolfson), (recommended for washing machine by Tina Wolfson)
- Aleks 514-996-7904 (Johan Mady)

Appliance repair, dishwasher (Kim Cooney, May 27, 2021)

- Adam Appliance Repair, 514-816-4328 (Catherine Eustace)
- Igor 514-243-5832 (Nathalie Garcin)

Appliance repair, Dryer (Tara Schulz, July 11, 2020)

- Adam Appliance Repair, 514-816-4328 (Catherine Eustace)
- Service 2000 (Veena Sangwan)

Appliance repair, Dryer (Evi Moss Altman, December 7, 2025)

- AAA Atelier d’Electro-menagers M.C. Inc www.aaa-atelier-delectro-menagers-mc-inc.ca (Maureen Larocque)

Appliance repair, Dryer (Sarah Carey Smith, February 25, 2021)

- Adam Appliance Repair, 514-816-4328 (Tara Schulz)
- Services 2000 for fridges & washing machines (Nicholas Bertos)

Also see Duct Vacuuming for dryers & heat/AC

Appliance repair, Fridge (Sharron McCarry, November 14, 2025)

- Ali Aleseyed 514-448-3883 works for a company, does work on the side (Chris Raptis)
- www.josephservices.ca (Kevin Alladin)

Appliance repair, Fridge Sub Zero (Laura Susan, September 14, 2021)

- try Jean-Marc Pinet at Service Dynamo 450-963-2668 (VirginieBeck)
- www.bobtechnic.com, Robert Ghaleb 514-952-9523 (PatrickLejtenyi)
- Laura called someone named Adam, who came & it fixed quickly. I couldn’t read his number. It might be Adam Appliance Repair, 514-816-4328 from a recommendation below.

Appliance repair **PSA Do Not Use Reparations Flash** very dishonest, they extort you on the spot (Randi Lauren, March 25, 2025) I had a similar experience (Paul Kenton)

Appliance repair, gas oven (Paul Desjardins, January 23, 2025)

- Reparations Flash given a good recommendation contrary to post above.
- From a dish washer post below: Pierre Charbanneau 514-992-4932, **specializes in Bosch dishwashers** & high end **gas ranges** (Tim Kman)

Appliance repair, gas oven (Carolyn Wells, November 8, 2022)

- Electro Experts (Anne Barry, Brigitte Rivard)
- Ateliers Paquette (Stu Barker)

Appliance repair, washing machine (Samantha Rudolph, July 10, 2024)

- Oxebo used for LG front loader (TJ Cee)

Arborist who charges reasonable fees (<\$475) (Abby Shyavitz, September 12, 2025)

- Hometree 514-481-4173 (Jack Ross)

Barber shop recommendation (Jessica Leo, November 22, 2025)

- Barber 1923, Corner Westminster & Curzon, \$20!! (Many favourable reviews)

Bathroom Vanity, classic or antique style (Kelly Swaine, October 20, 2025)

- Plomberie Montpellier Daoust in Les Cedres, a store (Anna Pawulski)
- www.camlenfurniture.ca/collections/vanities (Maryse Leduc)
- Teodor Vanity products, Winnipeg (Maryse Filion)

Audiologist (Kelly Swaine, March 11, 2026)

- Meyer Audition in the CSL shopping center (Zoe A. Franklin, Djana Kadi Nat)
- Groupe Forget on Van Horne (Maria Mac Vor)
- Audiology Centre at the Queen Elizabeth medical complex (Laurie Birbilas)

Birthday cakes, printed edible text (Dawn Lane, October 12, 2025)

- TCBY, CSL Rd, (“even if you have your own cake”, Franco Forlini – also Baskin Robbins)
- Dairy Queen, Westmount, ice cream cake with edible ice cream (Karen Johnstone)

Blinds company (Tania Janaudis-Ferreira, October 30, 2025)

- Maroun, 514-730-6930 (Ralph A.)
- www.barrytheblindman.ca (Tina Wolfson)
- www.mtlblinds.com (Vanessa Iannucci)
- Mustafa, 514-839-7768 (Johan Mady)
- Select Blinds, you can order free samples (Tammy Dagenais)
- Don Karp Décor, 514-237-2871, (Sharon McCarry)

Car detailing (Dan Djed, June 22, 2025)

- Interior Car Cleaning, Mell Redden (Anonymous member 910, Christine Schleifer, Alexandra Aprodu)
- Meticulous Detailing on Facebook (Josh Weisbord)
- Menthe Auto Spa, 6710 St Jacques, local 109, but not cheap (Teh Dee)

Carpenter/Ebeniste (Pascale Lemelin, Thrive NDG, February 2, 2026)

- Young Renos Jake & Ian 438-680-2642

Carpet & upholstery cleaning (Miriam Zylberstein Byers, August 29, 2025)

- Mima www.mimacleaning.com 514-814-3131 (Eliane Ellbogen)
- Mell Redden, Interior Car Cleaning, ??514-627-2002 interiorcarcleaningmtl@gmail.com (Alexandra Aprodu)

Also see **Rug cleaning**

Car wash, automatic (Mel Lefebvre, Thrive NDG FB, February 6, 2026)

- Cavendish Mall Shell station at Mackle
- Lave Auto Express-Eau LaSalle
- Esso station on west side of Decarie autoroute, south of Cote Ste Catherine

Cat nail clipping & grooming (Lakshmi Sharma, Thrive NDG, January 16, 2026)

- TouTou Village, on Somerled, Hamid (Stephanie Polger, Julie Woodfine, Laura Ottaviano)
- Walkies and Whiskers, come to your home for nail clipping \$30 (Melly Mel)
- Felinus in St Henri, on Notre Dame (Kim Hayes, Alex Rubin, Elisha Summerton)

Catering for a party of about 25 (Tania Janaudis-Ferreira, November 18, 2025)

- Simply Wonderful, Ste Catherine W near Westmount Park (Evelyne SP)
- Chef Tony Rinaldi, look up his Instagram page (Maria Mac Vor, Mariel Ramos -)
- Pizza Mobile & Catering Tony di Napoli (Sonia Nittolo-Armenti, Vanessa Iannucci)
- Gabbiano (Benson Novak)
- Bossa (makes amazing sandwiches, Ellen Yambouranis)
- Traiteur Mouton Noir, Westmount (Tanya Armstrong)
- Randy's Bistrot, Westminster (Julie Michaud, Sylvia Gervais)
- Pasta Casareccia (Chantal Mazza)
- Epicerie Mange-Tout on Sherbrooke: mangetoutmtl.com/services
- Nonna's Catering, Ile Perrot (Vanessa Iannucci)
- Bocci (Vanessa Iannucci)

Also see **Server; Rentals**

Ceiling repairs – textured ceiling (Teh Dee, October 6, 2025)

- Stephane Cassault, 514-346-5557 (Amy Travers)

Chimney repair (Dom DF, July 1, 2025)

- Precision Chimney (Evelyne SP)

Chiropractor (Eva Magdalena Zieleniak, May 13, 2025)

- Dr Michael Wexel, 18 Westminster 514-773-7246 (Marie Dbs, Julie Cloutier, Lisa Lefler)
- Dr Jad Tannous at Monkland Chiropractic Clinic (Zoe A. Franklin)

Christmas light installation see **Holiday Lights**

Circuit exercise class (Jen Arr, December 19, 2025)

- Orange Theory, Somerled (Jaqueline Rowniak)
Reply from Jen Arr: love the weights, don't love the rowing
- Oxygen Yoga & Entertainment Studio NDG (Arielle Wizman)
- Thessiane StrongMom's, Upper Lachine Rd & Girouard, Super reasonable, friendly (Sopie Aird)

Cleaning Service (Melissa Piccioni, October 20, 2025)

- Dust to Shine Mtl (Arielle Wizman)

Cleaning Service (Donna McLaughlin, September 22, 2025)

- Scentral Cleaning Services (Tina Di Lullo)
- Dust to Shine Mtl (Arielle Wizman)

Cleaning service (Evelyne SP, June 19, 2025)

- Dust 2 Shine Mtl, ask for Elisabeth, search Facebook (Arielle Wizman)
- Scentral Cleaning Services (Tina Di Lullo)

Cocktail bar/Speakeasy, for a mixed age group, not just the 20s set (Abby Shyavitz, April 23, 2023)

- Atwater Cocktail Club, St Henri, make reservations as it fills up quickly (Jules Disep)
- Maison Cloakroom, 2175 de la Montagne #100, disguised as a clothing store, secret door, small (Lisa Lefler)
- Cold Room www.thecoldroommtl.com "A real speakeasy, you have to find the duck above the door to find the place in Old Montreal" rated the best (Charles Leblanc, Carline Reny)
- Bord'Elle, "Not understated. Gatsby-style maximalism at its finest." (Danielle Marie)
- The Bird Bar's downstairs speakeasy in Griffintown (Danielle Marie)

Computer maintenance & repair (Katherine Peacocke, September 5, 2025)

- Richard Eckerkin, 48 Wolseley, Unit J 438-938-6240 generally in office 1:00pm to 3:00pm Monday through Saturday (Carol Foster, Nathan Ward)
- MicroScott on Sherbrooke (Nathan Ward)
- Nissim, 514-967-5255, 7905 CSL Rd #103 (Paul Kenton)

Contractors (from Thrive NDG Facebook, Julie Etheridge-Dlamini, February 9, 2026)

- Young Renos, Jake & Ian, 438-680-2642

Contractors (Julie Etheridge-Dlamini, December 15, 2025, Town of Montreal West Residents FB)

- www.gestionleloup.com (Zoe A. Franklin)

Contractor (Sharon McCarry, November 19, 2024)

- Belvedere Construction (Miriam Zylberstein-Byers, Beth Hirst)
- Meadowlark 514-424-3102, Joe (Judee Ganten)
- Dash Construction (Michelle Steiner)
- Dane Pritchard, 514-497-3437 on Town of Montreal West Residents FB (Kim Cooney)
- Mike Bernier 514-830-3605 (Franco Forlini, Alexandre L. Watson)
- Chris Smith, MoWest, 514-975-4600 (Brian Gillespie)
- Andrew Wismach, 514-947-6224 (Ashlee Wismach)

Contractor for complete bathroom renovation (Joan Meadows, February 20, 2024)

- Eldar Levary on Montreal West Community Forum FB (Liat Goldstein)

Contractor to rebuild front porch (Roslyn Weinstein, March 9, 2023)

- www.restoremontreal.com (Allan Abramovitch)

Contractor for kitchen (Kira Beckett, March 4, 2023)

- www.allbiz.ca/da-vittorio-enterprises in MoWest, 514-995-5034 (Kerry K)
- EcoCuisine (Fred Friedberg)

Contractor for basement reno (Brian Gillespie, January 28, 2022)

- Renovation Sonic (Catherine Recher)
- Belvedere (Paula Cordeau)
- www.alreno.com (Jennifer Mosher)

Contractor for deck (Michelle Grostern, February 12, 2021)

- Brian Anderson, in MoWest 514-820-0065 (Paul Desjardins)
- Tom Mallon 514-651-4955 (Matthieu Casey, Marie Dbs)
- DSE Construction (Nathalie Benaroche Ohayon)
- Sandro and Eric, erickaplan12@gmail.com, constructionsbl3@gmail.com (Matthew Schnarch)
- Renovations Nouvelle Vie, Jon (Patrick Lejtenyi)
- For drawings Frances.sodhi@gmail.com in MoWest (Michelle Grostern)
- Deckman ((Jack Strulovitch)

Cushions, couch, restuffed with feathers (Harriette Halepis, on Thrive NDG FB, February 3, 2026)

- St. Urbain Upholstery, Luwina, on Somerled (Jacquie Gee, Ndg Alexa, Jodie Kennedy, Linda Fogarty)
- ATLAS Upholstering, on Cavendish (Alex Johnson)
- Yohann 514-560-4266 (Eliot Elliots)

Custom built-in wardrobes (Kate Brayley, July 21, 2025)

- Stil Design (Jacqueline Rowniak – she also has an excellent handyman who uses Ikea materials but customizes them. DM Jacqueline on Town of Montreal Residents FB)
- Jesse Selcer, Cabinet Maker at Ebenisterie JS Cabinetry and also Master Installer at Soll.Solutions he appears to have a Facebook page (Shannon Jade)
- California Closets (Alexandra Dziuba, Catherine Doyle)
- Jazzy, a cabinet design & manufacture company owned by a MoWest resident (Neyir Urminsky)
- Simplespace (Kirk Coleman)

Dentist, pediatric (Julia Chad, February 21, 2026)

- Dr Heckler, Avenue Dentaire, next to Burger de Ville (Sydney Freeston)
- Dr Beverly Lai on Westminster (Catherine Lamontagne)
- J'aime mes dents (Jen Arr, Kerri K)

Dog Boarding (Neil Rubin, December 11, 2025)

- Possumplace Kennels. "A little far, but they offer pick up & Drop off"
(Maria Mac Vor, Andrea Majnemer – both have been long time users)

Dog groomer (Mary Campbell, December 9, 2025)

- Mobispaw (J Le Beau, Shayan Shafei))
- Woofington's Cote St Luc road, corner Hampton, Jodi for anxious dogs (Maria Mac Vor)
- TouTou Village (Tara Steinberg, Carla Tobia)
- SpaGroomtopia, Lachine (Beth Beecher)

Dog groomer, mobile (Jasmine Imeahg, July 26, 2025)

- Mobispaw, on Facebook (Lea Anne Hogan, Maureen Laroque, Andy Pal, Chuck Altman)
- www.lesangesmtl.com search for dog services (Montreal Mike)

Dog groomer (Thrive NDG Facebook group around January 27, 2026)

- Kate's K9 Care, 514-486-5959, Monkland and Hampton (Amalia Fernandez, SJ Desjardins, Patricia Luciani)
- Woofington on Cote St Luc road (Joanne Laing)
- Toutou Village Pet grooming, on Somerled (Sharon Rosenberg, Judith Seris))
- PawzNPolish, mobile groomer (Britt Goldstein)
- Spa Groomtopia (Raquel Volinsky-Gutman)
- Le Bark Club, at home, Carolyn, 514-602-7516 (Karen Staddon)

Dog sitters (Yvonne Pelling in Thrive NDG Facebook group, January 30, 2026)

- Walkies and Whiskers stay in home service available (more people recommended them)
- There were many individuals providing in-home service (Join Thrive NDG and search on Yvonne Pelling's posts)
- Alexandra Fraser has a doggie daycare in the West Island 438-832-1356 www.ndgdoggiecare.com

Dog walker (Sunshine Jane, July 5, 2025)

- Walkies and Whiskers (Randi Park)
- Canine Kindness (Marie Dbs)
- Lily El Assad -- pack outings, look for her on Facebook (Alexandra Struck)

Donating school supplies, how/where? (Eva Magdalena Zieleniak, August 15, 2025)

- Willingdon Home and School www.willingdonhomeandschool.ca/.../school-supplies../ Andrea Archibald)
- Carolyn's Community, local NDG charity www.carolynscommunity.com (Andrea Dziuba)
- Montreal West United Church, 88 Ballantyne N, collect for Saint Columba House in Pointe St Charles for families in need. Welcome Hall Mission (Joan Foster, Brigitte Rivard)
- Welcome Hall Mission makes hundreds of school backpacks for kids, sometimes have gifts matched www.welcomehallmission.com go to backtoschool page (Johanne Alton)

Door -- Front replacement -- Anyone have experience with any of these companies? Auroral; Fenlux, Derouin; Mystro; Pella; Factory Direct? (Natasha Lam-Elie, July 8, 2025)

- Stay away from Mystro (George S.)
- Recommend Auroral (Stu Barker, Maria Mac Vor)
- Recommend Factory Direct (Florian Kohler)
- Recommend Martin Industries (Teh Dee)

Door -- Front replacement (Marnie Marn, April 3, 2024)

- Bourassa for custom mahogany door, but pricey (tina Wolfson)
- Alejandro Vera Finition & Restauration (Josee Belhumeur)

Dressmaker see **Alterations; Seamstress**

Drumming Lessons (Ga Ba, November 8, 2025)

- WIMA, Corner Westminster & CSL Road (Marky Alexandre, Alexandra Dzuiba))

Duct vacuuming

- www.entreprisesNCS.com 450-437-4906 (Therese Primiani)

Electrician to install EV charger (Tara Reymond, January 16, 2026)

- Electrika (Kevin Alladin)
- Galko (Maureen Larocque)
- Tony Veloce, 514-290-4600 (Josh Useheroff)

Electrician – dependable, reasonably priced (Abby Shyavitz, December 30, 2025)

- CR Electrique, contact Cody cheapest hourly rate (Karina Panasci Maag)
- Sterling Electric -- a MoWester (Melanie Langelier, Helen Beck, Sylvia Gervais)
- Tony Veloce, in MoWest, 514-290-4600 also see EV Charger (Melinda Mennillo)
- Sako Electrique, technician Robert, Sherbrooke at Walkley (Paul Kenton)

Electrician to repair a light fixture, Fred Braman, January 8, 2026)

- PeterSueCooney ??? DM this person ??

Energy/heat loss audit with remediation (Tyson Lowrie, August 21, 2025)

- Hydro Quebec or government website (message Johan Mady on Town of Montreal West Residents FB, he may have a report he had done.)
- www.hydroquebec.com search for .../logisvert/residential (Nathan Ward)

Excavator for pipe in front lawn (Alexandra Kelebay, March 7, 2026)

- Excavation Lesage (Kris Mariani)

Exterminator for wasps in exterior brick wall (Alison Jane, August 21, 2025)

- Extermination Platinum, contact Danny (Jasmine Imeahg)
- Jack Ross gave a suggestion using water, sugar and dishwashing soap with something that can be bought online. Search for Alison Jane's name on the Town of Montreal West Residents FB, find her August 21, 2025 post and check out Jack's suggestion.
- Amiral Extermination, contact Rodion 514-574-5740 (Katherine Shaughnessy-Chapman)

Face painting (Meghan Rose, July 25, 2025)

- www.doodlebugfaces.com (Christina Aina, Jill Hauser – went with her daughter)

Fence installation around a pool (Sylvia Gervais, August 11, 2025)

- try Noslam (Franco Forlini)
- Cloture Centrale (Martin Martin)

Floors (Hardwood) restoration (Julie Aubut, January 10, 2026)

- Genesis Flooring, contact John Vorizinakis (Awbree Marsh)
- Mebesa (Maryse Fillion)
- Private DM recommendation by Christine Schleifer

French drain installation, in the comments of the post by Barbara Harold-Wells , May 12, 2025

- BJR Landscaping (Melissa Felsky Engelberg)

French drains or foundation work, water infiltration (Erin Alladin, June 4, 2024)

- Akton injections (Evelyn SP, Erica Rowniak Booth, Sarah Nemec Guest)
- Goudrons du Quebec (Courtney Posel)

French drains (Jacqueline Rowniak, March 15, 2022)

- SMR (Diana Sinclair, Danielle Marie)
- Goudrons du Quebec (Natasha Lam-Elie)
- BH Foundation Repair Inc, testimonials on their FB (Tara Schulz)
- Akton (Andrew Blundell)
- www.lesageexcavation.ca (Andy Pal, Kris Mariani, Awbree Marsh)

Furnace company (Jen Arr, November 17, 2025)

- Comfort Experts (Kevin Alladin)
- Allard et Ricard (Maureen Laroque)
- Bought through Costco, government discounts, good technician (Matthew Schnarch)
- Plomberie 3G V, Getulio Oil to electricity (Marc-Andre Langlois)

Furnace, gas, repair or replacement (Paul K Adam, December 4, 2021)

- Westmount Plumbing, Claude (Melanie Langelier)
- We called Energir, they sent a technician (Andy Pal)

Garage doors (Julia Chad, 2026-02-02)

- Superior Garage (Kevin Alladin)

Generator, power failure (Paul Duarte, [Thrive NDG FB](#), January 31, 2026)

Solar powered battery units support a few appliances and a single space heater. Propane powered generators provide much more power.

- Generac propane generator (Daphne Symeonides,
 - Elekrika sells, installs, and services Generac generators (Shawn Ryan)
 - Generatek does turnkey installations of Generac generators (TJ Cee)
 - Costco, EcoFlow DELTA 2 Max Power Station with extra Battery & 400W Solar Panel (Angela C)
- Angela also wrote “you can stack the ECOFLOW systems ... and have the option to add solar panels.” Other people commented that for high demand consumption a generator is needed.

Geothermal system repair (Corey Czik, May 15, 2025)

- Johan Mady has a contact. Message him on Town of Montreal West Residents

Gutter cleaning (Andrea Archibald, October 31, 2025)

- Gouttieres MDG (Evelyn SP)
- Adam’s Eaves (Sue Stapells-Meyer)

Gutter leaks (Kelly Swaine, March 11, 2026)

- Paolo Esquire (Karl Huber) Awaiting contact info Can be found on [Thrive NDG Facebook](#) also does handyman work

Gym, affordable with personal trainer (Sophie Aird, May 7, 2025)

- Perform Centre at Concordia Loyola campus Alumni get preferred rate (Johan Mady, Benks Phalange, Maria Mac Vor, Laura Susan)
- 909 Gym (Sabrina Arrizza)
- Thessiane StrongMom at Thessiane Personal Trainer, search on Facebook (Jennifer Gewurz)

Also see **Circuit exercise class**

Hairdresser or barber to visit home for elderly parent (Jill Hauser, January 23, 2026)

- Erica 514-882-6870 (Maureen Larocque)
- Try @jujuchezvous The website www.jujuchezvous.com no longer active (Megan Prendergast)
- Tracy, who offers her services in the “West Island Support and Resources for Caregivers of the Elderly FB group. A great group. (Alexandrea Struck)
- For Up-dos (polished curled high bun) Tessima or Avanti salons at Decarie Square (from Thrive NDG FB, SereneDeer2291 post February 10, 2026)

Haircut Ladies -- reasonable price for a trim (Jen Arr, August 29, 2025)

- Richard, CSL 514-963-2807 \$25 (Marisa Ring)
- Carina Haute Coiffure, across from CSL shopping center \$45 cut & wash [Jen Arr OP said she was quoted \$50 for cut, no blow dry (Sylvia Gervais, Kelly Swaine, Alexandra Aprodu – ask for Mila)
- Top Beaute on Westminster, \$50 (En Gee, Sylvia Gervais)
- Starrlet Beauty, 514-245-2312, on Facebook, she works from home in our area
- Salon Mila, Toni – the owner, \$40, 514-482-2935, 6151 de Maisonneuve, corner Beaconsfield, wash & blow dry included (Bronia Zaks)

Handyman, carpenter recommendation (Katherine Peacocke)

- Mike Bernier, 514-830-3605 Also see Plumber

Handyman (Martin Martin, December 15, 2025)

- Stephane Casault, 514-346-5557 (Franco Forlini)

Handyman: Stairs up to code, fix subfloor (Julie Etheridge-Dlamini, December 15, 2025)

- alex@restoremontreal.com, 514-448-4484, also restores old homes (Bill Olshefsky)
- Mike Bernier, 514-830-3605 (Franco Forlini)
- Chris, 514-975-4600 (Sarah Carey Smith)
- Le Loup contractor (Zoe A. Franklin)

Handyman (Lara Berguglia, October 9, 2025)

- Mike Bernier, 514-830-3605 (Franco)
- Chris Smith, 514-975-4600, in MoWest (Sarah Carey Smith)

Handyman or carpenter to replace wainscoting (Julie Pedersen, August 21, 2025)

- Chris 514-975-4600 (Sarah Carey Smith, Lauren Small, Jennifer Kulin Cook -- Chris installed a large recessed medicine cabinet)

Handyman recommendation (Eva Magdalena Zielniak, August 13, 2025)

- Message her on Town of Montreal West Residents FB for phone number

..... continued

Handyman, professional Debbie Gardos, [Thrive NDG Facebook](#), January 27, 2026,)

- Mr Fix It renovations, 514-484-8332, 4652 Decarie Blvd (Jay Bee)
- Ideal construction, www.ideal-construction.ca 438-497-2947 David Shmaev
- Sofiano Peinture 514-641-9727 (Hila Sima Huelsen)
- Jon Whitman 514-486-2589
- Parseh Tech, 514-968-9339 or 514-928-5780
- Nadav Aigen, bonded & insured, message on [Thrive NDG](#)

Hardwood floor installation, affordable (Karen Kadre, [Thrive NDG Facebook](#), January 17, 2026)

- Carpette Multi-Design, www.carpettemultidesign.com 514-344-8877 (Ellen Grosz, Annick Boux)
- Quest Construction, Kevin, 514-688-605, www.constructionquestinc.com (Stefania Elisa)
- Restaurations F.M Inc (Melly Mel)
- Nadim 514-791-4252 (Eddy OC)
- Plancher Hamzi Inc (Linda Fogarty)

Heat Pump brand and installer (Cynthia Koomas, November 21, 2025)

- Gree – great; had Goodman for 25 years (Norbert Bedoucha)
- Elie, 514-575-6219 (Ga Ba)

Henna artist (Harriette Halepis, [Thrive NDG Facebook](#), February 28, 2026)

- www.poonamsbeauty.com/rates in Cote des Neiges (Laura O'Connor)
- www.aprilanna.com specializes in party services
- www.hennatattooaboutique.ca (Shiny NV Kushna)

Hip hop dance class for 11 year old (Julie Cloutier, July 24, 2025)

- Kathy's Dance Academy in Lasalle (Natasha Lam-Elie)
- Tyler Anne Tsekos, www.tyleranne.com
- Danse 1 2 3 in Lasalle (Danilo Navarro)

Holiday/Christmas Lighting company for outdoors (Jessica Leo, October 18, 2025)

- www.ambiancemcmullan.com/contact (Sarah Nemec Guest)
- Skedaddle (Franco Forlini) Ed. note: thought they were only exterminators??

Home Inspector (Christina Woronchak, November 4, 2025)

- www.expertiseslatulippe.com (Shayan Shafei)

Insurance Broker (Angus A. Mackay, November 20, 2025)

- RKassurance.ca (Nathan Ward)
- Assurances RC Coull Inc, Westminster (Lea Anne Hogan)

Irrigation company (Victor Nicolau, August 18, 2025)

- Les Entreprises D.Cesari et Fils Inc, 4990/4980 King Edward, NDG (Kevin Dcq, Kris Mariani – message Kris on Town of Montreal West Residents FB for phone number)

Knitting clubs (Laura Charland, November 23, 2025)

- Knitting groups at the Adult Library on Westminster

Landscape contractor to build driveway & landscaping (Kevin Dcq, May 30, 2025)

- Stel By Step, contact Zoran Vucinic (Rick Grenier)
- Dami & Pat (Melanie Bergthorson)
- Two other residents, Kevin Alladin & Christine Schleifer, had companies, but you'll need to search for them on Town of Montreal West Residents FB members and message them.

Landscaping, wants an opinion on BJR Landscaping. Their representative, Bronson, gave an impressive proposal. Barbara Harold-Wells, May 12, 2025)

- Seven positive reviews (Fred Braman, Shawna Brook, Carole Desmarreau, Melissa Felsky Engelberg, Martyne Copland, Andre Chenier, Maria Mascia)
- They also do water infiltration and **French drains**

Lawn cutting & garden services (Francois Levesque, July 11, 2025)

- Mario DiCaprio 514-773-0607 (Marie Dbs)
- Chris (?Mettler) in MoWest, 514-290-6387 mowestlandscaping@hotmail.com (Evi Moss Altman, Marie Dbs, Noah Trnr, Heather Watkins, Sheila Lipari)

Magician for a work holiday party – reasonable price (Anonymous, September 5, 2025)

- www.maxmagician.com Walk-around magician, corporate entertainment (did a show at my kid's party, Montreal Mike)
- www.montrealmagic.ca (Wendy Fixman)
- Jody Mihaly 438-699-8695 (Jack Ross)
- www.crepmaster.com (Mendy Marlow)

Mahjong classes recommendation (Sharon Frank, September 22, 2025)

- mahjesticmahjong@gmail.com \$100 for 4 sessions

Massage that accepts insurance (Shannon Gillette, August 11, 2025)

- 909 Clinic, on Facebook (Istvan Cyr-Goralsky)
- Action Sport Physio, Westminster N, Rafael or Sabrina (Lisa Lefler, Rick Grenier, Sylvia Gervais)
- ReFit Mtl, 141A Westminster, Sabrina M. www.refitmtl.ca (Kat Ltr)
- Hands That See, Westminster near CSL Rd (Dan Laxer)
- Paradigm Sports Physio, 6120 Sherbrooke W. (Marie Dbs)

Massage therapist, female (Jen Arr, June 9, 2025)

- Raven Taylor's Bodywork & Massage, find on Facebook (PH Brotherwood)
- Michelle Bekles, find on Facebook (Beth Beecher)
- www.cssgym.ca/massage-therapy/ (Jennifer Mosher)
- Michal M Korb, find on Facebook, she works from home in CSL (Andrea Majnemer)
- Sabrina Manolacos at ReFit MTL, 141A Westminster N (Kat Ltr)

Movers -- Move heavy furniture (Kitty Stern Markuse, October 17, 2025)

- West End Pianos on Ronald Drive (Melanie Bergthorson)
- Task Rabbit (Brian Benedetti)

Movers (Evelyne SP, June 10, 2025)

- Dynamic Movers, Lasalle (Kathy Faludi)
- Meldrum on Sherbrooke (Carole Desmarreau, Sylvia Gervais)

Neurodivergent teens

Dungeons and Dragons Coaching for Neurodivergent teens (age 12-17) (Meghan Rose Nov 27, 2025)

- AuthenticFront.org Meghan reports: “players receive professional coaching on how to take the skills and confidence they are developing at the game table into their daily lives.”

Neurodivergent teens

Interesting replies to a post by Leila Bana on the [Thrive NDG Facebook](#), February 16, 2026

Parents of special needs & neurodiverse kids -NDG & nearby (PSN4) Facebook group

Notary for review of will (Sharron McCarry, September 3, 2025)

- Nadia De Riggi on Monkland (Franco Forlini, Maureen McCormick, Sylvia Gervais – super busy)
- Valter Pinchiaroli : www.reseanotaires.ca (Christina Woronchak)
- Suzanne Bolduc, Pilliere Bolduc Notaires, 3300 Cote Vertu (tanya Armstrong)
- Shaina Bronfen (Frank Opolko)

Notary (Danielle Bergeron, [Thrive NDG Facebook](#), February 6, 2026)

- Liat Goldstein, on Town of Montreal West Facebook, 3 recommendations
- Kostakos Effie Notaire
- Nadia De Riggi, 5 recommendations
- Alana Greenberg
- Dan Derhy Avocats & Notaires
- Liat Lev Ary Notaire

Orthodontist for kids (Heather Watkins, July 10, 2025)

- Ortho-NDG Orthodontistes (Evi Moss Altman, Catherine Eustace, Anne-Marie Yaworski, Shamron Spence)
- Dr Steinberg in CSL for complicated case, other son had Clinique Dentaire Westminster (Eliane Rouben)
- Nemes Ortho, CSL beside Cavendish Mall (Christine Schleifer, Liat Goldstein, Alexandra Struck, Kerri K, Jen Arr, Nathan Ward -- posted photos of work)
- TGO-Orthodontics (Johan Mady)

Painter, interior (Florian Kohler, June 11, 2025)

- Rick 514-576-5982 (Carolyn Pennell-Quane)
- MFD Painting (Mia B)
- Chris 514-975-4600 (Sarah Carey Smith)
- Message Fred Friedberg on Town of Montreal West Residents Facebook

Painter who knows how to manage lead paint (Anna Tyszkiewicz, August 26, 2025)

- Dave Nellis 514-983-6787 (Franco Forlini)
- Stephane Casault 514-346-5557 (Franco Forlini)
- Amy Travers contact through Town of Montreal Residents Facebook group (Franco Forlini)
- “Our contractor said it wasn’t necessary (unless it’s peeling), as long as it is sealed and repainted over with safe paint.” (Beth Hirst)

Parging on side of house (Miriam Holley, July 28, 2025)

- www.decopolymer.com in MoWest (Angus McKay)
- Westmount Masonry, contact Phil 514-918-4526 (Noah Trnr, Tamara Piniach)

Pediatric Dentist see Dentist

Photos – professional copies (Tina Wolfson, June 30, 2025)

- Video Express Multimedia on St Denis – they also transfer old format videos (Evelyne SP)
- Royal Photo on Rosemount “I has copies made of a painting” (Bronia Zaks)

Photos of family (Alyssa Anderson, November 5, 2025, on MW Community Forum))

- Caitlin Power Photography, ex-MoWester, also search FB for Caitlin Elizabeth Power (Katherine Shaughnessy-Chapman, Sarah Carey Smith)
- www.lauracharland-photography.mypixieset.com lives in MoWest (Mellie Mel)

Physio for babies with (a minor) **plagio** (Elizabeth Leung, September 8, 2025)

- Sarah Friedman 514-812-1797 (for our newborn, Mia B)
- Motus Osteopathy: Pascale www.motusosteo.com 5555 Westminster (Teh Dee)
- Step clinic in CSL: Alison Gardos (Erica Rowniak Booth, Sabrina Arrizza)
- Megan Robinson – Town of Montreal West Residents Facebook, (Melanie Bergthorson)

Piano teacher who comes to your house (Alexandra Kelebay, May 30, 2025)

- Emma Wallace, message on Town of Montreal West Residents FB (Johan May)
- Alex Nesrallah, find on Facebook (Joe Verdicchio, Richard E Flanagan))
- Roslyn Weinstein, 514-994-5686 125 Westminster (Kevin Dcq)

Piano teacher for children & adults (Kim Doubt, May 30, 2025)

- See the 3 above
- Michele Wiley on Wolseley at Nelson (SylviaGervais)
- Sheila Veerkamp on Trenholme just above Sherbrooke (Marie-HeleneGoyer, Paul Kenton)

Plumber – small jobs (Paul Desjardins, January 8, 2026)

- Mike Bernier, 514-830-3605 (Franco Forlini, Katherine Peacocke) Also see Handyman
- Kosta, 514-971-2678 (Ralph A.)
- www.pureplomberie.com, emergencies, 514-675-4045 (Thrive NDG FB, Julie Dupont post, Feb 9, 2026)

Also see **Radiators**

Plumber, reasonable price (Walter J. Lyng, [Thrive NDG FB](#), February 3, 2026)

- **Walter posted 2 days later that he’d had a great experience with Monsieur Drain on Facebook
- www.plomberieprecision.ca 514-209-3489 (Jason Schwartzman)
- Ari, 514-998-8205, arier57@gmail.com (Catherine Moore)
- Alex, 438-401-1262, weekends only (Danielle Hirsh)
- Pure Plomberie, on Facebook, allow you to put in your “symptoms” and get a quote (Avi Gorin)
- Genie Plomberie inc, on Facebook(Karl-Eric Lalonde)
- Borenstein Plumbing and Heating Inc on Facebook (Nadav Aigen)

Plumber, emergency (Kelly EC, October 31, 2025)

- Allard et Ricard, www.allardetricard.com (Leaou DHebert, haven’t used for emergency)
- Levine Brothers (Kevin Dcq)
- Aquatech, Mike 514-575-1417 (Franco Forlini)

... continued

Plumber, leaking radiator due to power failure (Chloe Paquette, [Thrive NDG Facebook](#), January 28, 2026)

- Griffin Plumbing 4.9/5 (1086 reviews)
- Plomberie Go 514-458-3333 (Alex Forea)(Barbara Brownstein)
- Pure Plomberie (Avi Gorin)
- Westmount Plumber, Levine Bros, TM Briggs (Alix Lambert-Vassal)

Plumbers to replace water intake line (Brigitte Rivard, September 20, 2025)

- McHenry (Johan Mady)
- Levine Brothers, or Decarie. (“the former is the more expensive” – Teh Dee)

Plumber to install a washing machine (Christina Woronchak, August 18, 2025)

- Matthew Whittick recommended himself. Seems to be on Town of Montreal West Residents FB

Podiatrist (Josee Simbabwe, [Thrive NDG Facebook](#), February 6, 2026)

- Dr David Youdim, VSL, Decarie Podiatry Clinic
- Dr S. Pace, Seaforth medical on Cote des Neiges
- www.piedreseau.com/cliniques/westmount/
- Hanna Adi, Podiatrist, 4.9/5 stars (379), 304 Mont-Royal E \$80to \$130 per visit
- Sonya Matthews, CEO Medic
- Dr Jeffrey Kolovsky, 5000 Decelles, Suite 101, 514-738-3338
- Dr Leger Diegel, Podiatrie Sportive

Printing documents (Benks Phalange, January 14, 2016)

- Budning pharmacy (Ned Eustace)
- The Adult Library (Tom Clarke)

Propane tanks, refill – not exchange (Tom Starck, December 30, 2020)

- D&G tool rentals on St Jacques see listing below (Catherine Eustace)
- www.locationgamma.com St Jacques (Jacquie NB)
- www.interpropane.com on Lafleur in Lasalle \$13 refill (Nathan Ward)
- Marina in Lachine, extension of St Jacques past Hwy 20 (Michael Elie, Kevin Alladin Sharon McCarry))
- Wiseman Propane (Brian van Frank)

Radiators, cast iron (Evi Moss Altman, January 5, 2026)

- Shafter Bros sandblasted, repaired, painted – long time ago (Katherine Peacocke)
- SteamExperts.com (a.k.a. Shafter Bros) (Jennifer Mnk)

Radiator replacement (Alix Lambert-Vassal, [Thrive NDG Facebook](#), January 29, 2026)

- www.ecoradinc.com reburbished, reconditioned, electric (Jacinthe M)
- Shafter Bros www.steamexperts.com (Lawrence Pinsky, Nicky Popovic, Marie Powney, Jane Archer)
- Chauffage Dynamique 514-977-3363 (Paul Duarte)

Rental: tables & chairs (Jennifer Mnk, January 2, 2026)

- Location Chic, ask for Adamo Sicoli – also has tents, DJ equip, lights, everything (Franco Forlini)
- DM from Joseph Levinac

RESTAURANTS

Pad Thai (Shannon Gillette, November 17, 2025)

- Pick Thai, near Vendome metro (Kevin Alladin, Andy Pal, Jenn Arr)
- Bangkok, on Monkland at Harvard (Natasha Lam-Elie, Bronia Zaks)

BYOB, favourite local restaurant (Catherine Eustace, May 22, 2025)

- L'artisan de la Pasta, on Dollard in Lasalle (Maureen Larocque)
- Toucheh in Westmount (Sarah Carey Smith)
- Sushi 5 Saisons on Sherbrooke opposite NDG park (Natasha Lam-Elie)
- Sep Lai (Tamara Piniach)
- Oregano's on Somerled near Cavendish (Karen Johnstone)
- Al Dente on Monkland near Wilson for pizza (Norbert Bedoucha)
- La Campagnola – Italian Steakhouse (Norbert Bedoucha)

Roofers (Julia Chad, 2026-02-02)

- JFD Roofer 514-889-8373 (Norbert Bedoucha)
- Impervious (Angus McKay, Paul Kenton)

Rug cleaning service (Beth Hirst, June 15, 2025)

- Tapis d'Orient Bashir for wool, Persian or other quality rug/carpet (Johan Mady)
- Mima Cleaning
- Groupe Imperial, pick up & delivery (Evelyne SP)
- Steam Doctor, ask for Kevin 450-692-9191 (Linda Hammerschmid)

Also see **Carpet cleaning**

Seamstress for winter jacket zipper repair (Neyir Urminsky)

- Atelier Genest on Connaught (Jacqueline Rowniak, Erica Rowniak Booth, Christine Downey, Sylvia Gervais, Penni Clarke, Honora Shaughnessy)
- Elvis on Sherbrooke near Grand (Kevin Alladin)
- Cordonnerie Monkland Shoe Repair (Sevinc Kamran)
- Dry Cleaner, Cote St Luc shopping center (Bronia Zaks)
- Natty K Boutique on Westminster above the jewelry store, Nathalie (Vanessa Iannucci)
- Juhee's Closet on Sherbrooke (Susan Angeli)

Server for a party. Serving appetizers, drinks, food, clearing plates, loading dishwasher (Beatrice Copps)

- Gentile Catering (Franco Forlini)
- Traiteur Chemin Faisant (Martyne Copland)
- Matteo Helguero, DM on the Town of Montreal West Residents FB (Nadia Vani)

Sewing machine repair (Ada CH, Thrive NDG Facebook, February 8, 2026)

- Clavette Machine a Coudre, comes to your house, in FB (Caddie T'Kenye, Jimena Campos)
- M. Machine a Coudre (Ella Earp-Lynch)
- Michel, 514-327-2276 (Seven TheCity)

Shower doors – custom (Nathalie Pearsall Etinson, July 17, 2025)

- Glass Experts, St Jacques, next to McDonalds (Chris Smith, Donna McLaughlin, Laura Susan)

Skis, Downhill, Inexpensive (Jacqueline Rowniak, December 26, 2025)

- Poubelleduski www.poubelleduski.ca/buy trade (Jules Dicep, Laura Susan)
- Decathlon (Andy Pal)
- Sports Experts in Ville St Laurent (Ann McLaughlin)
- Play It Again Sports, Decarie street south of Sherbrooke (Sylvia Gervais, Julie De Chazal)
- Austrian Ski Shop on Monkland rents skis for about \$125 for the season (Julie De Chazal)

Snow Removal (Kris Mariani, November 19, 2025; Alysha Zackon, November 18)

- Montreal West Landscaping 514-995-0657, Johnny, Nadia Macri on Residents FB (Nathan Ward)
- Jardins Jamroch, contact Adam (Helen Beck, Kathy Faludi)
- TJR, Montreal West (Sylvia Gervais)
- Snow Problems 514-290-6387 (Carol Foster)

From another query

- Ray Nettleship, on Northview, 514-291-7669 (Murray Bronet, Tina Wolfson, Sylvia Gervais, Carly Grossman)
- Environlawn, Rob, 514-977-7070

Stain & sand porch, replace older boards (Julia Cherry, August 25, 2025)

- Valena Renovation, on Facebook
<https://www.facebook.com/groups/185648722062716/user/61575677305143/>

Stain porch (Laura Kissin, July 5, 2025)

- www.topdeckmontreal.com (Mia B)

Stained glass & installation (Lelly Swaine, September 19, 2025)

- Glass Experts on St Jacques install and worked two years ago with a stain glass artist (Maria Mac Vor) (Helen Beck added that they made beautiful leaded stained glass for a china cabinet)
- Spazio on St Laurent (Amelie Doyon)
- Jesse Olwen in NDG www.hemlockstainedglass.com or www.jesseolwen.com (Alexandra O'sky)
- For salvaged original pieces from Old Montreal: Reco on St Laurent (Tara D'Ignazio)

Strep test (Steph Lyman, December 10, 2025)

- Pharmacie Myriame Ngo & Kenneth Chan, 7201 Newman, Lasalle, 514-615-1668
Does testing, immediate results, prescribes antibiotics (Xiao Zhao)
- Proxim (next to police station CSL Rd & Westminster) Testing & prescriptions
(Evi Moss Altman, Chantal Mazza, Wendy Fixman)
- Walmart, \$40 (Irene Lahaie)

Student help (Melanie Bergthorson, November 21, 2025)

- Fill out the "Lister" form at www.thebootworld.com "and I will send you your student match right after. If your task is not listed, just add it under Other and I will make sure the student's availability and background match what you need. Everything is on your terms and it supports both our community and Concordia students. Feel free to contact me at 514-294-1400. I am here to make this easy for you." Danielle Delannoy

Taxes, American ((Amy Travers, February 25, 2026)

- Message Karina Panasci Maag on the Town of Montreal West Residents FB
- Message Johan Mady on the Town of Montreal West Residents FB
- Message Shamron Sp who does them on the Town of Montreal West Residents FB
- A. Martin Cundall in Beaconsfield (Anne Lynch)

Tennis racket regripped & restrung (Randi Lauren, June 29, 2025)

- Dan Bellini, MWTC 438-998-4422 (Paul-Vahe Cicek, Allen Markuze)
- Tennis Selection Enr, 4228 Decarie Blvd (Brigitte Rivard, Kevin Alladin)
- Sports Experts (Kevin Alladin)

Thermopane window replacement – see **Windows****Tile replacement old house** (Heather Watkins, December 14, 2025)

- Eco-Reno and Spazio, both on St Laurent near the Met (Julien Feldman)
- www.historichouseparts.com (Julien Feldman)
- Ceragres (Stu Barker)
- Italnord, good for sourcing old tiles (Shayan Shafei)

Translator, official of court document, French to English (Reetta Hasanen, February 23, 2026)

- www.traductionproteus.com (Andrea Majnemer)
- official list of certified translators: www.ottiaq.org/en/directory (Jennifer Mnk)

Upholstery (sofa) cleaning (Roslyn Weinstein, October 23, 2025)

- Interior Car Cleaning, Mell Redden offers sofa & mattress cleaning (Nathan Ward, Christine Schleifer)

Vacuum repair (Barbara Malcolmson Baily, January 13, 2026)

- Aerus, Victoria (?) in Westmount (Matthew Schnarch, Kevin Alladin)
- Aspirateurs Lasalle on Dollard (Maureen Laroque, Tamar Hertz)
- Aspirateur West Island ltee, 3415 Cote Vertu, 514-337-7388 (Joyce Teiber)

Vacuum repair, Dyson (Christina Woronchak, December 14, 2025)

- Try YouTube !!!!! with Amazon parts

Vet for dog, one that will not break the bank (Daniela Iammatteo, November 10, 2025)

- Royal Vet, 7 days a week, 3 clinic options (Shannon Jade, Gill Marissa)
- Harwood Veterinary Clinic, Vaudreuil “Our previous vet quoted dental surgery at almost \$4K, Harwood did it for around \$1,300” (Alina P-Levyh)
- Dr Bernier, Westminster (Erica Rowniak-Booth, Marie Dbs, Laura Charland, Elise Rvst, Ann McLaughlin, Ariane Poirier, Maureen Laroque)
- Clinique Veterinaire Liesse, Dorval (Joe Cordy)
- Animal Care NDG, Sherbrooke near Marcil, Dr Gilmour (Laura Susan, Elaine Rioux, Carla Tobia, Sophie Guerin)
- Vet Sud Ouest, Dr Seto (Jasmine Imeahg, Elaine Rioux – he might not be taking new patients)
- Hopital Veterinaire General, St Antoine near Greene, Dr Banon (Catherine Doyle)
- Vet et Nous, on Sherbrooke, www.vetetnous.com, Dr Isabelle Poulin (Tana Chaparro)

Wallpaper store (Kelly Swaine, November 6, 2025)

- Quincaillerie Hogg Inc, Sherbrooke & Victoria, Westmount, basement (Shayan Shafei)
- Empire Paper & Paint, Park Avenue
Wallpaper hanger: decoryzon@videotron.ca, 514-795-8767 (Kathy Faludi, Brigitte Rivard)
- Wallpaperdirect.com (Sophie Aird)
- Metro Wall & Coverings on Decarie (Natasha Lam-Elie)
- Newwall.com, House of exclusive designer wallpaper (Emy-Jade Viens)

Washing machine repair, LG front load (Christina Woronchak, August 7, 2025)

- Champfleury Inc Appliance repair (Debra Polomeno)
- Atelier G Paquette (Melanie Langelier)

Waxing (Tina Milo Milivojevic, Thrive NDG Facebook, February 6, 2026)

- SkinVestment Solutions
- Au Premier Coiffure Spa, www.aupremier.com
- Salon Mina
- Salon Mila, Daniela
- Coiffure Addict on Sherbrooke
- Maryam Carmichael, works from her home
- Browbar Westmount
- www.poonamsbeauty.com

Weeding (Kirk Coleman, June 19, 2025)

- Chris in MoWest 514-290-6387
- Michelle Asheden, search on Town of Montreal West Residents Facebook (Sharon McCarry)

Wildflowers: Ottawa Wildflower Seed Library (Rebecca Vd Elst, January 5, 2026)

- wildflowerseedlibrary.ca/shop

Window mechanism repair (Julie Aubut, October 31, 2025)

- Viterie Raymond, Notre-Dame, 514-933-8439 (Laurie Coffin)

Window (aluminum) repair (Kitty Stern Markuze, August 30, 2025)

- Basco (Evelyne SP)

Windows: Thermopane replacement – fogged up (Erle Schneidman, July 18, 2025)

- Glass Experts, St Jacques, next to McDonalds (Kelly EC)
- www.bascoworld.com (Rick Grenier)

Yoga Studio close to MoWest (Kerry Burke, October 13, 2025)

- www.ondineyoga.com Ondine Guralnick, on Brock North (Maria Mia Garbin, Roberta Porter)
- Oxygen Yoga & Fitness, 2505 Elmhurst (Aimee Pierce, Arielle C)